

The background is white with scattered small circles and large, stylized stars. A hand is shown on the right side, holding a large star. The text is contained within a series of overlapping, ribbon-like boxes with decorative borders.

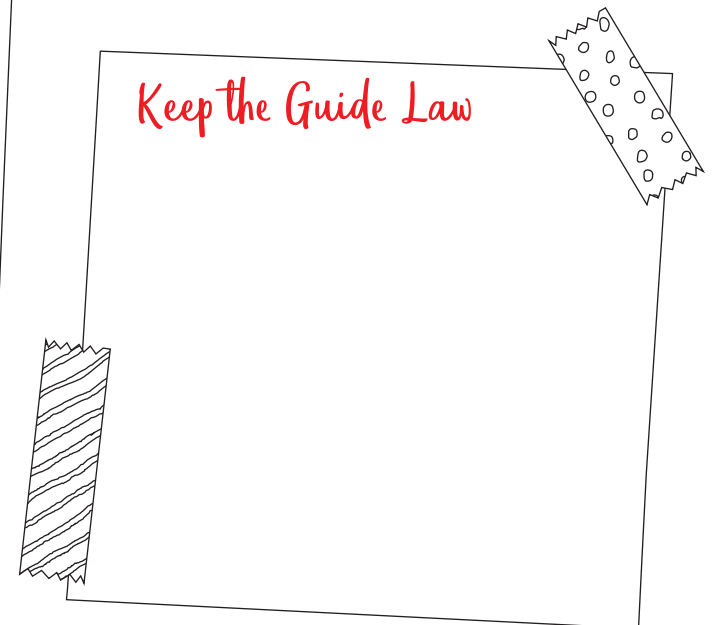
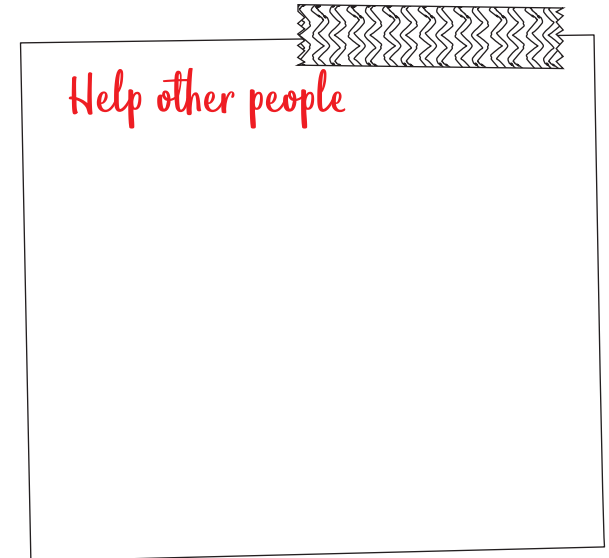
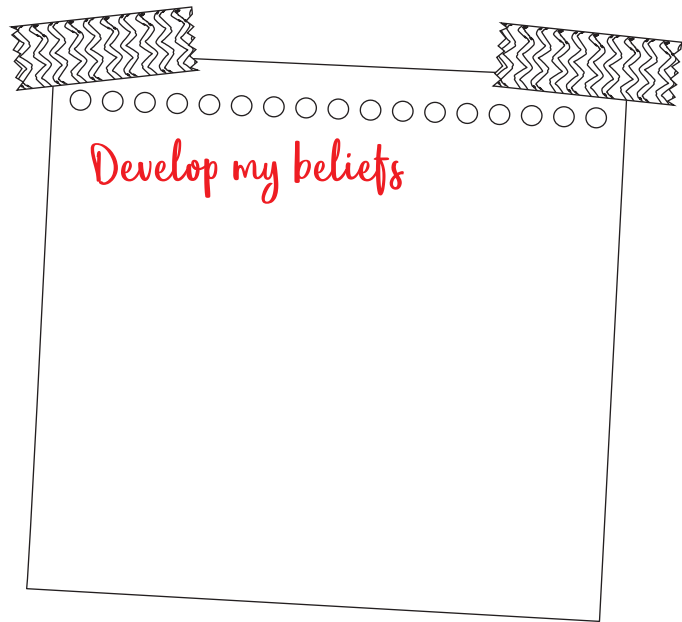
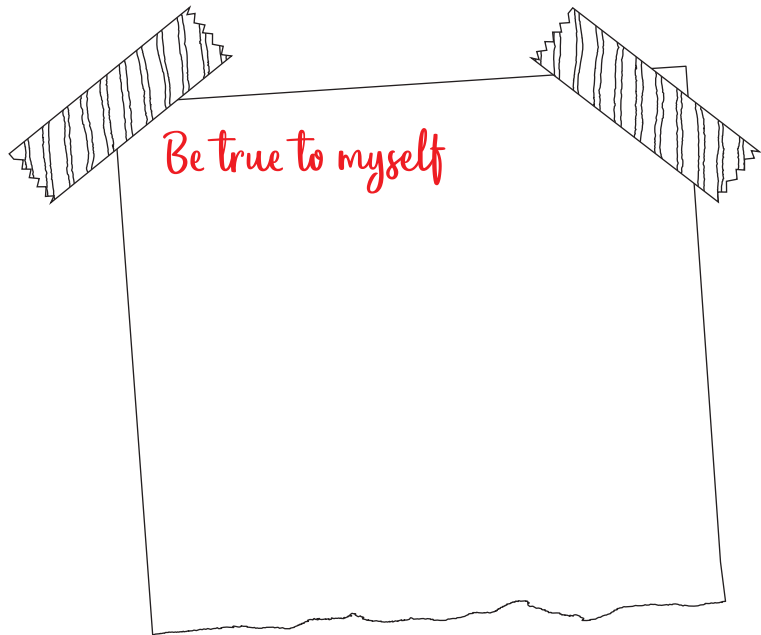
I promise that I will
do my best:

to be true to myself
and develop my beliefs,

to serve the King
and my community,

to help other people and
to keep the Guide Law.

Colour in the Promise as you remember it. If you've already taken your Promise, or know the words off by heart, why not colour in each section of the Promise as you come up with ideas on how you will live your Promise.



Look at each section of the Promise and think about what it means to you.

Jot down or draw anything you could do this month and beyond to live the Promise. Share these ideas with your leader.