



COSHH assessment

Girlguiding COSHH register assessment number:

You should complete this assessment for all chemicals with a hazard warning sign. If possible, you should eliminate the chemical if you can substitute it with one that isn't hazardous, removing the risk.

Describe the activity or work process you use the chemical for (including how long and how often you carry it out and the quantity of the substance used):		
Location of process being carried out		
People at risk	<input type="checkbox"/> Employees (including trainees)	<input type="checkbox"/> Other (including customers, contractors)
Name of the substance (product name)		
Manufacturer		

Classification of substance – Place an X in the appropriate box(es).

	<input type="checkbox"/>	Very toxic/toxic		<input type="checkbox"/>	Harmful/irritant		<input type="checkbox"/>	Extremely flammable
	<input type="checkbox"/>	Long-term health hazard		<input type="checkbox"/>	Harmful/sensitising		<input type="checkbox"/>	Highly flammable
	<input type="checkbox"/>	Corrosive flammable		<input type="checkbox"/>	Compressed gas		<input type="checkbox"/>	Flammable
	<input type="checkbox"/>	Dangerous for the environment		<input type="checkbox"/>	Oxidising		<input type="checkbox"/>	Explosive

Form – Place an X in the appropriate box(es).

<input type="checkbox"/> Gas/aerosol	<input type="checkbox"/> Dust	<input type="checkbox"/> Vapour	<input type="checkbox"/> Liquid
<input type="checkbox"/> Mist	<input type="checkbox"/> Solid	<input type="checkbox"/> Fume	<input type="checkbox"/> Other

Route of exposure – Place an X in the appropriate box(es).

<input type="checkbox"/> Inhalation	<input type="checkbox"/> Skin	<input type="checkbox"/> Eyes	<input type="checkbox"/> Ingestion
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Workplace exposure limits (WELs)

Does the substance have a WEL? If so, please state below. Please write 'n/a' if it doesn't have a WEL. You can find WELs on the material safety data sheet (MSDS), which you can get from the manufacturer.

Long-term exposure level (8hrTWA)	Short-term exposure level (15 mins)
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Risks to health

Outline the health risks that may occur from exposure, eg skin damage, breathing difficulties, eye irritation, headache, nausea or liver damage.

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Control measures

Detail what current control measures exist to reduce the risk of exposure, for example engineering controls (containment, process modification to keep exposure to a minimum, extraction, ventilation), safe systems of work and procedural controls, training, supervision and personal protective equipment.

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Personal protective equipment (PPE)

If PPE is used, please state type and standard.

Dust mask 		Visor 	
Respirator 		Goggles 	
Gloves 		Overalls 	
Footwear 		Other 	

First aid measures Outline the first aid arrangements in the event of exposure.

Accidental release/spillage

Outline the actions to be taken if there's an accidental release or spillage.

Fire

Outline the actions to be taken if there's a fire.

Storage

Outline the arrangements for storing the substance.

Assessment date and review

Provide details of the assessment and each review undertaken.

	Date of assessment/review	Assessor/reviewer name and job title
Initial assessment	/ /	
Review 1	/ /	
Review 2	/ /	
Review 3	/ /	
Review 4	/ /	

You should save a copy of this assessment along with an up-to-date material safety data sheet (MSDS). Review the assessment annually or when there's a significant change to the product or the process in which you use it.